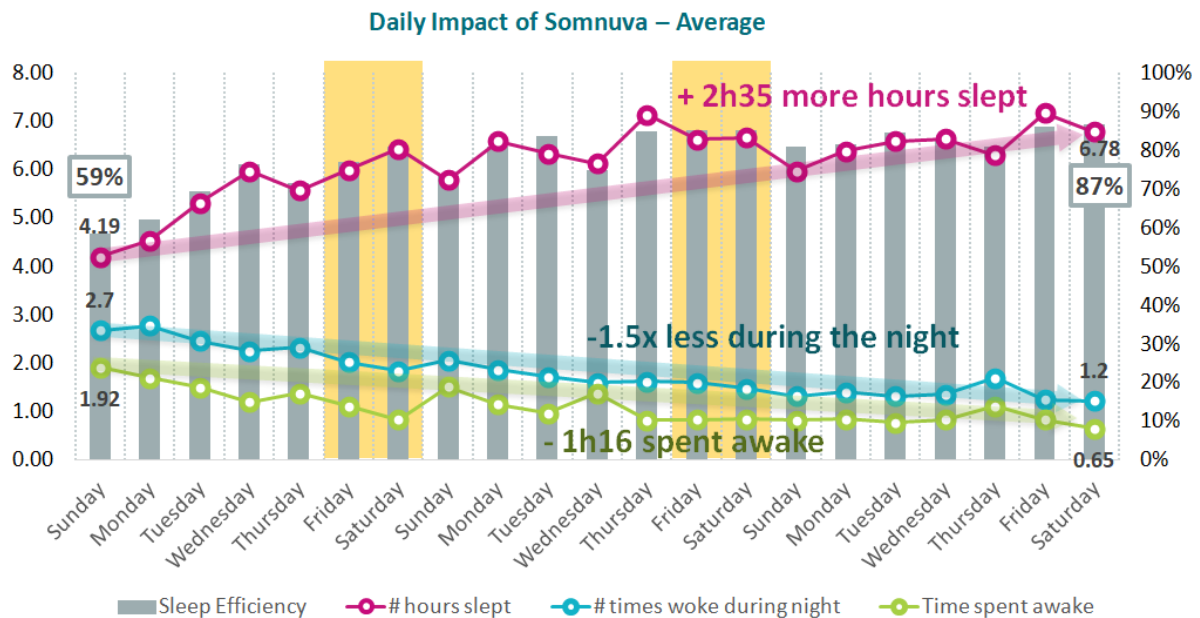
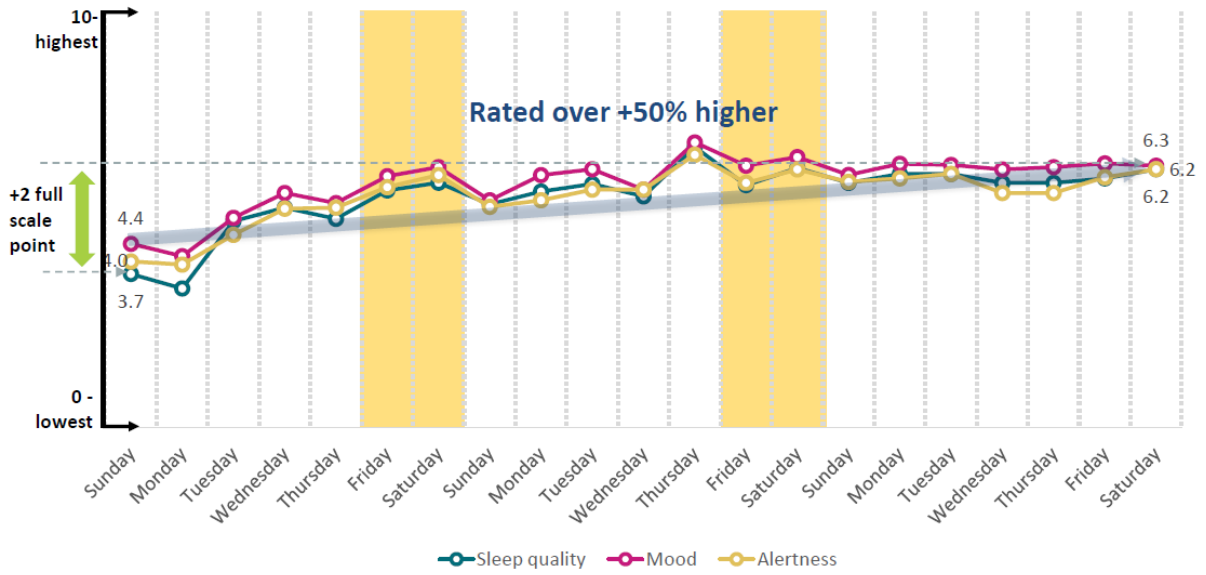


Trial Summary

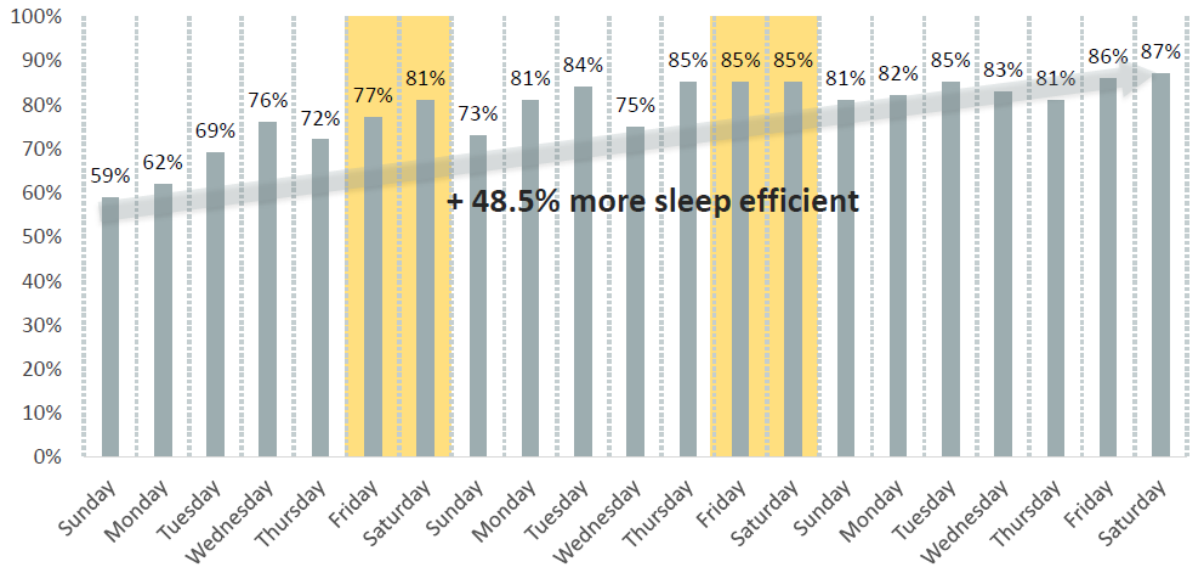
- When looking at the data, 33 out of 36 participants noticed Somnuva has positively influenced how long they slept, how long they stayed awake for and how often they woke up during the night
- On average participants have slept an additional 2 hours 35 minutes compared to before using Somnuva - Sleep efficiency has increased on average by 28 percentage points (a 50% increase) between the first night and the last night of the study.
- People who have been having sleeping difficulties for less than 10 years have seen the quality of their sleep and life increase most significantly compared with participants who have had sleeping problems for longer.
- Women have seen a bigger impact on their Sleep/life, especially under 40s, compared to men
- 27 out of 36 have rated higher the overall quality of their sleep, their alertness and mood on awakening compared to before the Sleep



Impact of Somnuva on Overall Sleep Quality, Mood and Alertness



Average Sleep Efficiency (%)



Weekly Impact of Somnuva - average

